

Half Marathon

INFORMATION ON OUR:

HALF MARATHON TRAINING PROGRAM

BEGINS AGAIN IN MID-FEBRUARY, 2011

Former NOBO/ 10K/Half Marathon and Galloway Participants - SPECIAL PRICING

SUNDAYS @ 8AM - JOIN OUR FUN RUNS TUES/THURS @ 6PM

INCLUDES ALL TRAINING/SCHEDULE/GROUP LEADERS/MANY PACES/TECH SHIRT/INFO SESSIONS

PLEASE CALL THE STORE FOR MORE INFORMATION! 410-484-6565

*NOTE: Does NOT include entry into your race of choice.

Head Coaches - TBA

Please register separately and soon so that you do not get closed out of your projected race!

CALL OR COME IN TO THE STORE TO REGISTER!

HALF MARATHON TRAINING FOR ALL SPRING HALF MARATHONS

- B&A HALF MARATHON
- SHAMROCK HALF MARATHON
- NATIONAL HALF MARATHON
- NASHVILLE ROCK AND ROLL HALF MARATHON
- FREDERICK HALF MARATHON
- MARYLAND 2ND ANNUAL HALF MARATHON - TIMONIUM
- ZOOMA HALF MARATHON